

The Family Caregiver program targets resources and information to help:

- 1) Those caring for adults over 60 who have a chronic illness or disability and are living at home, and...
- 2) Grandparents over 55 with the responsibility of raising their grandchildren.

This program:

- provides information and referral services
- evaluates needs and helps to find solutions available in the community
- offers counseling and educational services such as training and support services
- provides respite care, allowing caregivers time to meet other responsibilities

There is a caregiver support group that meets at the SEC the fourth Tuesday of the month from 1:30-2:30pm. There is also a Caregiver Resource room located at the Senior Enrichment Center that is full of information, books and videos on caregiving that can be checked out.

For more information about this program contact Peggie Kennedy at 215-0900.